LAC Learning Lab

The LAC Learning Lab is a computer lab located in Building 6, Room 120, on the first floor of the Learning Technology Center.

<table>
<thead>
<tr>
<th>LAC LEARNING LAB HOURS</th>
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<tr>
<td><strong>Fall and Spring</strong></td>
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<tr>
<td>Monday - Thursday: 7:30am - 10:30pm</td>
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<tr>
<td>Friday: 7:30am - 4:30pm</td>
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<tr>
<td>Saturday: 8:00am - 6:00pm</td>
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<tr>
<td><strong>Winter and Summer</strong></td>
</tr>
<tr>
<td>Monday - Thursday: 8:00am - 8:00pm</td>
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**REQUIREMENTS:**

- Registration for the Learning Lab is necessary each semester upon first time use.
- Students are required to present a current student photo id at the front desk to access the Learning Lab upon each visit.

**Learning Lab RESOURCES**

**Time Management Resources**

**Articles:**
- Time Management for College Students
- Use Google Calendars to Organize Your Entire Family
- Use Google Calendars to Balance Your College Life
- Manage Your Time with the Pomodoro Technique
- 20 Quick tips Better Time Management

**Videos**
- Why Do We Procrastinate?
- How to Multiply Your Time?

Both PC and MAC computers are available in the Learning Lab.

- All Learning Lab computers can access the Mt. SAC Library databases, Internet, word-processing programs, and spreadsheets.
- New course-related software is continually being made available. If you need something other than those commonly used programs and services, call extension 8801 to find out if we have the software you need and to get support.
- Laser printing is available for a fee (10 cents per page for black & white, 25 cents per page for color).
- A print card dispenser is located in the Learning Lab for student convenience.

**For Learning Lab SUPPORT:**

- Technical and academic assistance (technicians/tutors) are available for students who need help using a computer or specific programs, setting up an email account, and using databases for research.
- Workshops are offered on appointment basis to assist students who want more instruction on word-processing, email, database/web research, PowerPoint and course-related software.

**Additional Computer Labs**

Here is a website listing computer labs on the Mt. SAC campus.

**Moodlerooms Support for Students**

Here is a link to the Moodlerooms support page for students.